

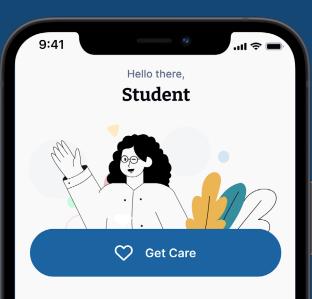
# Scheduled Counseling From Anywhere

Meet with a licensed counselor to discuss concerns, including stress, anxiety, relationships, and depression.

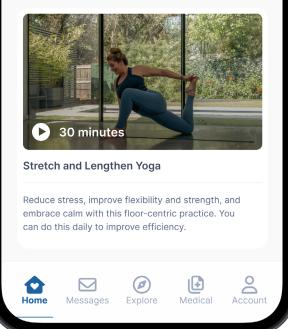
### How to schedule a virtual appointment:

- 1. Select the provider that you want.
- 2. Choose the day and time that works for your schedule.

Appointment times are available within seven days, on average.



#### ADDITIONAL RESOURCES



## It's for Students.

FOR FREE.

@timelycare
@timelycare
@timelycare
@timely\_care

### Get support now! Download the TimelyCare app or visit timelycare.com/Ir to learn more.

©TimelyMD 2022